

Catholic Denial of Transubstantiation

by Nelson Turner

Gluten is admitted to remain in the Eucharistic host by Catholics, and in so doing they have denied de facto that any “transubstantiation” of the element into the whole humanity and Divinity of Christ takes place. A brief web search of the words “gluten,” and “Catholic” will reveal that communion wafer makers have created a new, low-gluten wafer which has been developed for use in both Catholic and Anglican communions. These low gluten wafers will not sicken most gluten intolerant communicants. This overthrows the whole notion of the wafer being turned into the literal body of Christ during the Mass, and is a tacit, self-condemning admission by both the clergy and laity that they are religious liars. The communion wafer must be of wheat, and therefore contains gluten. Now (apparently out of fear by the US Conference of Bishops concerning possible lawsuits) the amount of gluten in the communion wafer can be reduced to such a level that a most partakers who have the allergy will not take ill.

BUT PLEASE TAKE NOTE: If a gluten allergic communicant could be sickened by the gluten in the communion wafer, then the wafer is still composed of wheat, and has not been completely changed into “the body of Christ.” To avoid potential lawsuits from gluten intolerant people, some Catholic parishes have offered the Cup instead of the wafer to communicants.

So much for the infallible doctrine (transubstantiation), denial of which was used by the church of Rome as justification for the burning of many of our brethren at the stake.

“Chapter III: THE PROPER CELEBRATION OF MASS

1. The Matter of the Most Holy Eucharist

[48.] The bread used in the celebration of the Most Holy Eucharistic Sacrifice must be unleavened, purely of wheat, and recently made so that there is no danger of decomposition.¹²³ It follows therefore that bread made from another substance, even if it is grain, or if it is mixed with another substance different from wheat to such an extent that it would not commonly be considered wheat bread, does not constitute valid matter for confecting the Sacrifice and the Eucharistic Sacrament.¹²⁴ It is a grave abuse to introduce other substances, such as fruit or sugar or honey, into the bread for confecting the Eucharist. Hosts should obviously be made by those who are not only distinguished by their integrity, but also skilled in making them and furnished with suitable tools.¹²⁵”

(from an instruction in *Redemptionis Sacramentum* "On certain matters to be observed or to be avoided")